



The Wiggle Room Menu

August 2023- July 2024

Dates Served:		Monday	Tuesday	Wednesday	Thursday	Friday
Aug: 7/31-4 & 21-25 Sept: 11-15 Oct: 2-6 & 23-27 Nov: 13-17 Dec: 4-8 & 27-28 Jan: 15-19 Feb: 5-9 & 26-3/1 Mar: 18-22 Apr: 8-12 & 29-5/3 May: 20-24 Jun: 10-14 Jul: 1-5 & 22-26	Breakfast	Pancakes, Pears, Milk	Sausage Patties & Biscuits, Bananas, Milk	Cinnamon Toast, Peaches, Milk	Kolaches, Pears, Milk	Whole Grain Cereal, Bananas, Milk
	Lunch	Meat Lasagna, Green Beans, Garlic Bread, Oranges, Milk	Grilled Chicken w/ BBQ Sauce, Whole Grain White Rice, Broccoli, Peaches, Milk	Spanish Rice w/ Ground Beef, Cauliflower, Apples, Milk	Salisbury Steak Meatballs, Sweet Peas, Mashed Potatoes, Oranges, Milk	Cheese Ravioli w/ Marinara Sauce, Vegetable Medley, Bread Sticks, Apples, Milk
	Snack	Whole Grain Wheat Thins, String Cheese, Water	Strawberry Yogurt, Whole Grain Granola, Water	Whole Grain Cinnamon Life Chex, 100% Apple Juice	Whole Grain Rice Chex, Raisins, Water	Animal Crackers, Fruit, Water
Aug: 7-11 & 28-9/1 Sept: 18-22 Oct: 9-13 & 30-11/3 Nov: 20-22 Dec: 11-15 Jan: 3-5 & 22-26 Feb: 12-16 Mar: 4-8 & 25-29 Apr: 15-19 May: 6-10 & 27-31 Jun: 17-21 Jul: 8-12 & 29-8/2	Breakfast	French Toast Sticks, Pears, Milk	Kolaches, Bananas, Milk	Biscuits & Jelly, Peaches, Milk	Waffles, Pears, Milk	Whole Grain Cereal, Bananas, Milk
	Lunch	Chicken Alfredo, Sauteed Zucchini & Squash/Carrot Medley, Apples, Milk	Fish Sticks, Rice Pilaf, Corn, Oranges, Milk	Beef-a-Roni, Broccoli, Breadsticks, Peaches, Milk	Chicken Quesadilla, Carrots, Oranges, Milk	Cheeseburger, French Fries, Green Beans, Apples, Milk
	Snack	Whole Grain Wheat Thins, String Cheese, Water	Strawberry Yogurt, Whole Grain Granola, Water	Whole Grain Cinnamon Life Chex, 100% Apple Juice	Whole Grain Rice Chex, Raisins, Water	Animal Crackers, Fruit, Water
Aug: 14-18 Sept: 5-8 & 25-29 Oct: 16-20 Nov: 6-10 & 27-12/1 Dec: 18-22 Jan: 8-12 & 29-2/1 Feb: 19-23 Mar: 11-15 Apr: 1-5 & 22-26 May: 13-17 Jun: 3-7 & 24-28 Jul: 15-19	Breakfast	Pancakes, Pears, Milk	Sausage Patties & Biscuits, Bananas, Milk	Cinnamon Toast, Peaches, Milk	Kolaches, Pears, Milk	Whole Grain Cereal, Bananas, Milk
	Lunch	Spaghetti, Green Beans, Garlic Bread, Oranges, Milk	Chicken Fajita Soft Tacos, Corn, Peaches, Milk	Sloppy Joe, Sweet Potato Fries, Apples, Milk	Turkey Grilled Cheese, Broccoli/Carrot Medley, Oranges, Milk	Beef Sausage Jambalaya, Salad, Hawaiian Roll, Apples, Milk
	Snack	Whole Grain Wheat Thins, String Cheese, Water	Strawberry Yogurt, Whole Grain Granola, Water	Whole Grain Cinnamon Life Chex, 100% Apple Juice	Whole Grain Rice Chex, Raisins, Water	Animal Crackers, Fruit, Water